

SAMANVAYA-
THE
HAND-IN-HAND CLUB
ACTIVITIES RECORD
2024-25

Rakhi Collection Drive for Soldiers

The KMICS Hand in Hand Club is proud to report the successful execution of our Rakhi collection drive aimed at honoring our brave soldiers on the 16th of July, 2024. Our girl students took the initiative to bring their Rakhis to college, demonstrating their heartfelt gratitude and support for the unwavering commitment of our servicemen to our nation's security.

Suhasini, a member of the Sanskrithi Foundation, played a crucial role in this initiative. She received the collected Rakhis from us and ensured their timely delivery to our soldiers. This act of solidarity and respect was met with enthusiastic participation from our female students, who displayed deep respect and appreciation for the soldiers' sacrifices.

The initiative was more than just a collection drive; it was a powerful message of unity and gratitude. The participation of our students was overwhelming, and their contributions were a testament to their understanding of the importance of honoring those who protect our nation. Each Rakhi sent to the soldiers carried the pride, love, and warmth of our college, making this initiative profoundly meaningful.

We are grateful to everyone who supported this noble cause. This activity not only strengthened our community's spirit but also served as a small yet significant way to convey our respect and admiration for the brave hearts defending our country.



Essay Writing Competitions on the eve of Independence Day

The Hand-in-Hand Club organized an Essay Writing Competition on August 12, 2024, to mark Independence Day, drawing participation from 25 students. Held in the third floor in the UG campus at 2pm, the event invited students to explore topics such as

1. "Improving Public Health through Service Initiatives",
2. "Role of Volunteerism in Nation Building" and
3. "The Importance of Patriotism in Today's Society."

This platform allowed students to express their ideas on critical national issues, emphasizing the importance of civic engagement and collective responsibility. Judged by a panel of experts, the essays were evaluated on content, originality, and clarity. Winners were awarded certificates and prizes, with their contributions applauded for depth and insight. The event was celebrated for fostering a spirit of patriotism and social responsibility, aligning with the club's mission to encourage service and volunteerism. The competition's success underscored the importance of such initiatives in nurturing a strong, community-focused mindset among students.



Awareness program & Exhibition on Mental Well-being



Keshav Memorial Institute of Commerce & Sciences
Affiliated to Osmania University, NAAC Accredited
Narayanaguda, Hyderabad
A Unit of Keshav Memorial Educational Society

Estd. 1994



you & me
Counseling & P.D. Training Centre



HEADSPACE FOR TEENS
An awareness program & exhibition on Mental well-being on 04.01.2025 at 10am

Resource Person
DR.C.VEERENDER
Psychologist & PD Trainer
Organized by
SAMANVAYA - THE HAND-IN-HAND CLUB

Mrs.L. Deepika
Convenor

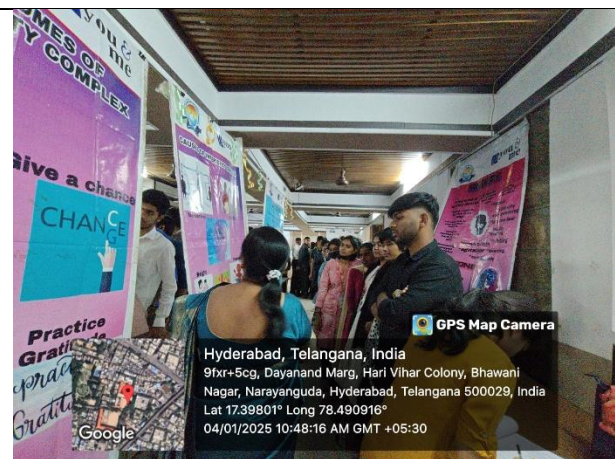
Mrs.V.Santhi
Principal

Dr. A.V.Subrahmanyam
Secretary, KMES

Report

On 4th January 2025, Samanvaya – The Hand-in-Hand Club of Keshav Memorial Institute of Commerce & Sciences successfully organized "The Headspace for Teens: An Awareness Program on Mental Well-being." The program focused on raising awareness about mental health challenges faced by teenagers, including anxiety, depression, self-esteem, and the impact of cell phone addiction. Dr. C.Veerender, a renowned psychologist and PD trainer, led the session, offering valuable insights on mental well-being and coping strategies. The event also included an exhibition where participants could engage with tools like the Anxiety Self-Assessment, Cell Phone Addiction Test, Concentration Questionnaire, Depression Scale, and Self-Esteem Checklist. These resources provided an interactive approach to understanding mental health and assessing personal well-being. The program was further supported by a dedicated team of 10 volunteers, who helped ensure the smooth running of the event. The session successfully educated students on the importance of mental health, offering them practical tools to improve their well-being. The event marked an essential step in promoting mental health awareness among teens.





Flashmob on Social Awareness at Sattwa Necklace Mall at Kavadiguda

On 4th January 2025, Samanvaya – The Hand-in-Hand Club of Keshav Memorial Institute of Commerce & Sciences organized a flash mob at Satva Necklace Mall, Kavadiguda, as part of a social awareness program. The flash mob, performed by nearly 45 students, aimed to raise awareness about critical social issues such as drug addiction, the importance of respecting and caring for parents, and the significance of old age homes. The performance used dance and music to effectively communicate these important messages, engaging the audience and sparking conversations about these concerns. The initiative sought to educate the public on the harmful effects of drug addiction and the necessity of treating the elderly with respect and care, emphasizing the role of old age homes in providing support to senior citizens. In addition to the performers, 10 volunteers played a crucial role in organizing the event and ensuring its smooth execution. The flash mob was well-received by the audience, and its impactful message resonated with many. Through this creative form of expression, the club aimed to promote social change and foster a sense of responsibility within the community. The event was a resounding success, showcasing the club's commitment to raising awareness on social issues and making a positive impact.





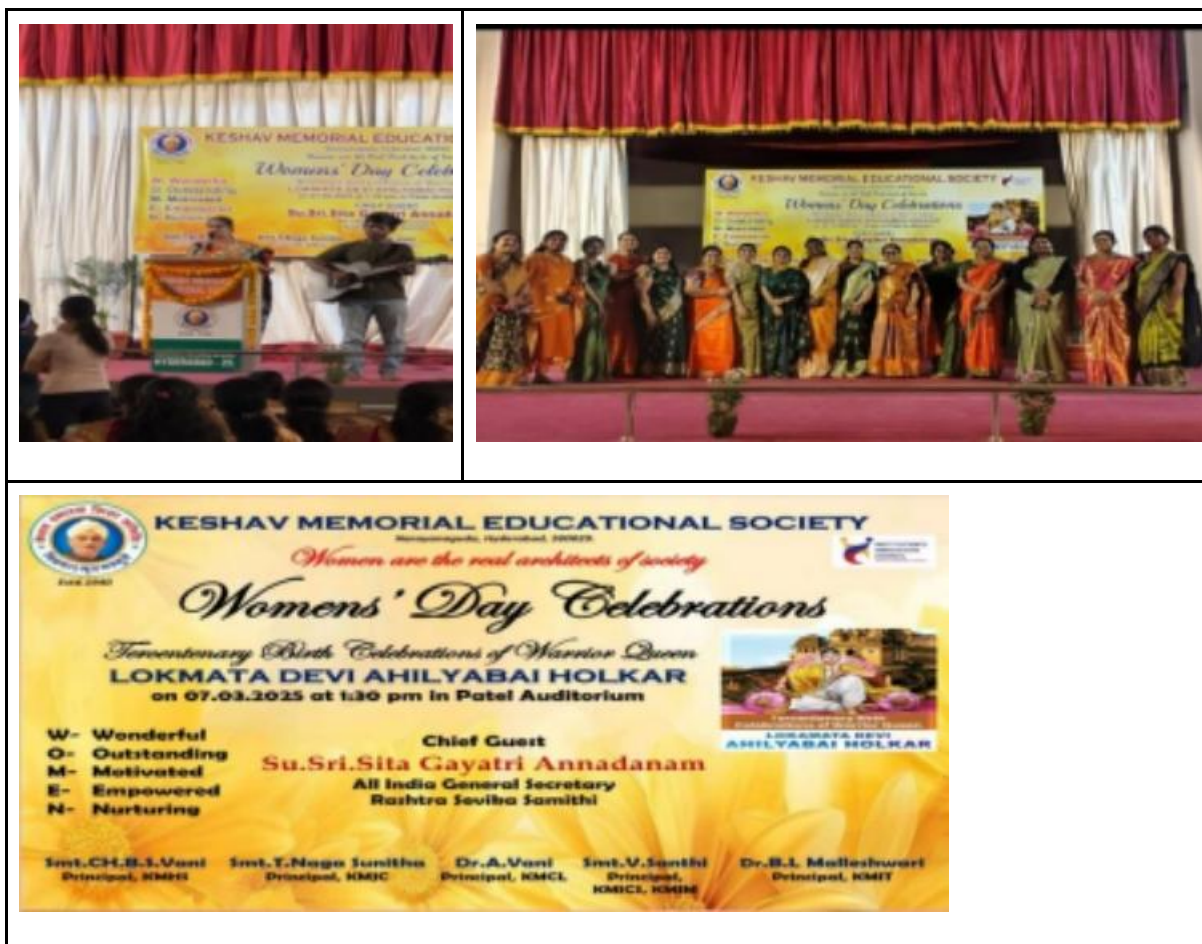


Womens' Day Celebration

The Women's Day celebrations at KMES were marked by enthusiastic participation and a vibrant, inclusive atmosphere. The presence and support of all principals from the KMES group of institutions added to the significance of the occasion. The Chief Guest's inspiring words left a lasting impact on attendees, motivating them to embrace their strengths and strive for excellence. Feedback from participants reflected appreciation for the thoughtful organization and engaging nature of the event. The efforts of the organizing committee, volunteers, and support staff were instrumental in making the celebration a memorable one.

Female faculty members from Keshav Memorial College of Law, Keshav Memorial Junior College, Keshav Memorial High School, Keshav Memorial Institute of Management, and Keshav Memorial Institute of Commerce and Sciences actively participated in the celebrations. Special thanks are extended to the organizing committee, coordinators, institutional heads, volunteers, and support staff for their dedication and contributions. Appreciation is also due to the Chief Guest, Su. Sri. Sita Gayatri Annadanam, for her inspiring presence and valuable insights.

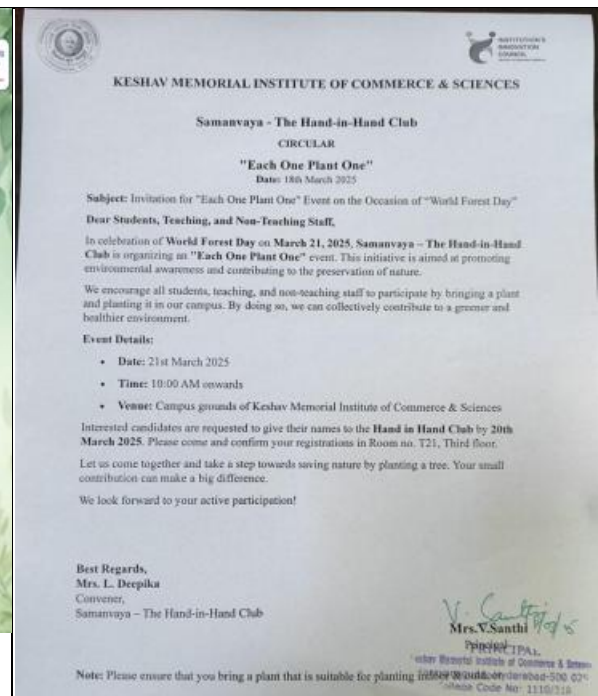




Report on Forest Day Celebration – 20th March 2025

Hand in Hand Club in collaboration with Nehru Yuva Kendra – Hyderabad and MY Bharat – Hyderabad. The programme aimed to create awareness about environmental conservation, afforestation, and sustainable living practices. Around 120 students and 15 faculty members actively participated in the event, planting nearly 100–120 saplings across the campus. The initiative contributed to enhancing the green cover of the institute while emphasizing the importance of trees in protecting the environment, improving air quality, and preserving biodiversity. The enthusiastic participation of

students reflected their commitment to environmental responsibility and sustainability. The event was a great success and reinforced the institute's dedication to promoting eco-friendly initiatives and fostering a culture of environmental consciousness among young learners.





World Nature Conservation Day

Keshav Memorial Institute of Commerce & Sciences observed World Nature Conservation Day on 29th July 2025 with a guest lecture organized by Samanvaya – The Hand-In-Hand Club. The programme aimed to create awareness about the importance of conserving natural resources and promoting sustainable living practices. The session featured an insightful talk by an environmentalist and sustainability advocate, who highlighted key issues such as climate change, biodiversity conservation, and the need for environmentally responsible behavior. Through engaging discussions and practical examples, students gained a deeper understanding of their role in protecting the environment. The interactive session encouraged active participation and inspired attendees to adopt eco-friendly practices in their daily lives. The event successfully reinforced the significance of nature conservation and motivated students to contribute towards building a greener and more sustainable future.

REPORT ON "WORLD ENVIRONMENT DAY" CELEBRATION

Keshav Memorial Institute of Commerce & Sciences celebrated World Environment Day on 5th June 2025 through a series of engaging and educational activities organized by Samanvaya – The Hand in Hand Club in collaboration with the Department of Life Sciences. The event aimed to promote environmental awareness, encourage sustainable practices, and inspire students to take responsibility for protecting the planet. Students enthusiastically participated in activities such as a Scavenger Hunt, which helped them explore local biodiversity and understand ecological balance, and a Sustainable Art Exhibition, where creative artworks made from natural materials highlighted the importance of conservation and sustainability. A “Pledge for the Planet” activity further

encouraged participants to adopt eco-friendly habits such as recycling, water conservation, and sustainable transportation. The programme fostered creativity, teamwork, and environmental responsibility while increasing awareness of current environmental challenges. The celebration successfully inspired students to embrace greener lifestyles and reaffirmed the institute's commitment to nurturing environmentally conscious and socially responsible citizens.

